

One-on-One Discipleship Guide

"You will seek me and find me when you seek me with all your heart." — Jeremiah 29:13

Suggested weekly structure (45-60 minutes)

- 1 **Check in (10 min)** — life update, how they're doing spiritually and practically.
- 2 **Scripture (20 min)** — study a passage together, or discuss a reading assignment from the week before.
- 3 **Accountability (10 min)** — revisit specific growth areas or struggles discussed previously.
- 4 **Prayer (10 min)** — pray together for what came up in the conversation.
- 5 **Assign next steps** — a reading, a Scripture memory verse, or a practical application to try.

Sample accountability questions

- How has your time in Scripture and prayer been this week — honestly?
- Where have you seen God at work, or felt distant from Him?
- What sin or struggle do you want prayer for?
- Who else are you pouring into or sharing your faith with?