

ACTS Prayer Model

"Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you." — Matthew 7:7

A simple structure to guide your prayer time. You don't need to follow it perfectly — it's a scaffold, not a script.

A — Adoration

Begin by praising God for who He is, not what He's done for you. Focus on His character: His holiness, love, power, and faithfulness.

C — Confession

Be honest with God about where you've fallen short. He already knows — confession just brings it into the light (1 John 1:9).

T — Thanksgiving

Thank God for specific things: answered prayers, provision, relationships, and even hard things He's using for good.

S — Supplication

Bring your requests — for yourself and others. Nothing is too small or too big to bring to God (Philippians 4:6-7).